



Crosby Ravensworth C.E. (A) Primary School

Crosby Ravensworth, Penrith, Cumbria CA10 3JJ

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Headteacher: Mr D Priestley BA (Hons), PGCE

Friday Bulletin 14th January 2022

Dear Parents

I'll start this week by asking you to please note the following information provided by Assistant Director of Cumbria Education and Skills, Dan Barton on the changes to the national [stay at home guidance in England](#).

There is now no requirement for people to get a confirmatory PCR test after receiving a positive lateral flow (LFD) test, unless:

- they wish to claim the [Test and Trace Support Payment](#)
- have received [an email or letter](#) from the NHS because of a health condition that means they may be suitable for new COVID-19 treatments
- they are taking LFD tests as part of research or surveillance programmes, and the programme asks them to get a PCR test
- they have a positive day 2 LFD test [after arriving in England](#)

Anyone who tests positive on an LFD test should immediately isolate and follow the [stay at home guidance](#). Their self-isolation period starts immediately from when their symptoms started, or, if they do not have any symptoms, from when their positive LFD was taken.

People should report the LFD test result on the [national website](#) (or by calling 119 if they cannot use the online service). People who are self-isolating because of a positive LFD test, who did not have any symptoms when they were tested, **no longer** need to re-start a new self-isolation period if they develop symptoms within the isolation period. They are also not required to get a PCR test (unless they need to get one because of one of the reasons listed above).

Anyone who develops one of the three main symptoms of COVID-19 should still get a PCR test (unless they have already taken an LFD test and the result was positive).

A set of Frequently Asked Questions have been produced relating to the changes to the national guidance on the 11th January 2022. These can be found below:

- [Changes to the national guidance on the 11th January 2022 FAQ's](#)
- [Changes to the national guidance on the 11th January 2022 FAQ's \(Word document including above text\)](#)

Indoor/Outdoor Shoes

As the ground is so mucky at this time of year, we strongly recommend that children come to school in wellies. This allows them to access all areas of the playground at break and lunch times. Please could we also remind parents that children require a pair of slippers or indoor shoes to change into when inside the school building. Thank you.

Change to the Menu

Freda has made some adjustments to the menu for this term:

Week 2, Day 5 – Turkey and Ham Pie instead of Steak Pie.

Week 3, Day 3 – Roast Turkey instead of Roast Beef. Pigs in Blankets instead of Yorkshire Pudding



Swimming

As mentioned last week, the school is presently making arrangements to take all the children swimming Mon-Fri 1.30pm-2.30pm from 24th – 28th January. Children will be supported by a combination of our staff and the experts at Appleby Leisure Centre. Please ensure that your child comes to school each day with swimming costume, goggles (optional) and a towel. It would be appreciated if girls wore their hair tied back and avoided tights.

Advert for new member of staff.

You may be aware that the school is currently advertising for another TA to join the school team. We'd be very grateful if you'd help us spread the word by re-posting the advert on social media and making others in the community aware of the opportunity. Many thanks.

Summary of dates for your diary:

Monday 24th Jan – Friday 28th Jan School Swimming

After school club - Week beginning: 17th January 2021

£4 a session or 5 for £16 (this can be split across siblings)
Please tick which sessions you would like your child to attend:

Monday – Animation Club	<input type="checkbox"/>	Thursday – Indoor Games	<input type="checkbox"/>
Tuesday – Circus Club	<input type="checkbox"/>	Friday – Sports Club	<input type="checkbox"/>
Wednesday – Art Club	<input type="checkbox"/>		

Breakfast Club – 8am or 8.30am (£3 from 8am and 50p from 8.30am)

Monday	8.00am	8.30am	Thursday	8.00am	8.30am
Tuesday	8.00am	8.30am	Friday	8.00am	8.30am
Wednesday	8.00am	8.30am	(Please circle requested time)		

Child's Name

I enclose £..... To pay forsessions



SCHOOL
MEMBER



We're working
towards Artsmark
Awarded by Arts
Council England

